

Health Office News

The school year is winding down! Spring notification letters have been sent home regarding requirements for immunizations, physical exams, and dental exams for School Year 2024-25.
*Kindergarten – Updated immunizations, physical and dental exam. Third grade- dental exam.
Sixth Grade- Physical Exam*

The weather is warming up, the days are longer and the intensity of the sun can take us by surprise! So many of us suffer sunburns this time of year. Sun damage increases the risk for skin cancer. So let's focus on prevention! **ALWAYS WEAR SUNSCREEN.** Use a sunscreen with an SPF rating of 30 or higher. Put on sunscreen 15 to 20 minutes before going out in the sun. Reapply sunscreen at least every 2 hours, just to be safe.

Reminder: Sixth grade students entering 7th grade in the Fall require the immunizations Tdap and Meningitis prior to the first day of school. Noncompliance will result in exclusion from school. If you have any questions, please contact Mrs. Templin, School Nurse.