4 COMPLETE BREAKFAST INCLUDES PROTEIN/GRAIN ENTREE, 1 SERVING OF FRUIT \& ONE-HALF PINT MILK; STUDENTS MAY SELECT LESS FOOD, BUT MUST CHOOSE AT LEAST $1 / 2$ CUP OF FRUIT OR VEGETABLE WITH BREAKFAST EVERYDAY.
PROTEIN/GRAIN ENTREEE, 1 SERVING OF FRUIT, 1 OR 2 SERVINGS OF VEGETABLES \& ONE-HALF PINT MILK;
STUDENTS MAY SELECT LESS FOOD, BUT MUST CHOOSE AT LEAST $1 / 2$ CUP OF FRUIT OR VEGETABLE WITH LUNCH EVERYDAY.
A COMPLETE LUNCH INCLUDES:
Breakfast Bar (Poptart, Cereal Bar, Cereal assortment), Fruit, Juice and Milk
Breakfast : Choice of Entree or Breakfast Bar (Poptart, Cereal
Lunch: Choice from 4 Entrees daily, Vegetable, Fruit and Milk
Milk Choices: Fat Free White, 1\% Chocolate, 1\% White Milk

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: |
| 29 Breakfast Pizza | 30 Breakfast on a Stick | $31$ <br> Pancakes | 1 Breakfast Wraps | $\stackrel{2}{2} \text { French Toast }$ |
| CHOOSE 1 ENTREE <br> Sloppy Joe on WG Roll OR <br> Hot Dog on WG Roll OR <br> PB \& J or Paw Pack <br> CHOOSE 1 FRUIT \& 1 OR 2 VEGGIES <br> Sweet Potato Fries, Fresh Tomatoes Apples, Pears Milk | CHOOSE 1 ENTREE <br> Turkey Soup \& Tuna Fish Sandwich OR <br> Hot Dog on WG Roll OR <br> PB \& J or Paw Pack <br> CHOOSE 1 FRUIT \& 1 OR 2 VEGGIES <br> Cooked Carrots, Veggie Juice Baked Apple, Mixed Fruit Milk | CHOOSE 1 ENTREE <br> Macaroni \& Cheese OR <br> Hot Dog on WG Roll OR PB \& J or Paw Pack <br> CHOOSE 1 FRUIT \& 1 OR 2 VEGGIES Peas, Green Peppers Pineapple Cup, Oranges Milk | CHOOSE 1 ENTREE <br> Fish w/ WG Roll OR <br> Hot Dog on WG Roll OR PB \& J or Paw Pack <br> CHOOSE 1 FRUIT \& 1 OR 2 VEGGIES Green Beans, Coleslaw Grapes, Juice Milk | CHOOSE 1 ENTREE <br> Ham \& Cheese Croissant OR <br> Hot Dog on WG Roll OR <br> PB \& J or Paw Pack <br> CHOOSE 1 FRUIT \& 1 OR 2 VEGGIES <br> Baby Carrots, Broccoli <br> Peaches, Applesauce Milk |
| $\mathbf{5}$ Breakfast Boat | $\begin{gathered} \mathbf{6} \\ \text { Breakfast Pizza } \end{gathered}$ | $7$ <br> Pancakes | 8 French Toast | 9 Breakfast Sandwich |
| CHOOSE 1 ENTREE Taco OR Pizza OR Paw Pack or PBJ | CHOOSE 1 ENTREE BBQ Pork on WG Roll OR <br> Pizza OR <br> Paw Pack or PBJ | CHOOSE 1 ENTREE <br> Shepherds Pie OR <br> Pizza <br> OR <br> Paw Pack or PBJ | CHOOSE 1 ENTREE <br> Meatball Sub on WG Roll OR <br> Pizza OR <br> Paw Pack or PBJ | CHOOSE 1 ENTREE <br> Oriental Chicken w/ Rice OR <br> Pizza <br> OR <br> Paw Pack or PBJ |



| Refried Beans, Cooked Carrots <br> Peaches, Pineapple Milk | Green Beans, Veggie Juice Baked Apple Slices, Pears Milk | Mashed Potatoes, Green Peppers Bananas, Mixed Fruit Milk | Corn, Celery Grapes, Applesauce Milk | Stir Fry Veggies, Baby Carrots Fresh Oranges, Strawberries Milk |
| :---: | :---: | :---: | :---: | :---: |
| 12 <br> Waffles | 13 Funnel Cake | $14$ <br> French Toast | 15 Breakfast on a Stick | 16 |
| CHOOSE 1 ENTREE <br> Goulash w/ Garlic Breadstick <br> OR <br> Hamburger on WG Roll OR PB \& J or Paw Pack <br> CHOOSE 1 FRUIT \& 1 OR 2 VEGGIES <br> Fresh Broccoli \& Cauliflower, Peas Pineapple, Mixed Fruit Milk | CHOOSE 1 ENTREE <br> Breakfast For Lunch OR <br> Hamburger on WG Roll OR PB \& J or Paw Pack <br> CHOOSE 1 FRUIT \& 1 OR 2 VEGGIES Baby Carrots, Hash Brown Patty Apple, Mandarin Oranges Milk | CHOOSE 1 ENTREE <br> Cheese Filled Breadsticks OR <br> Hamburger on WG Roll OR PB \& J or Paw Pack ASH WEDNESDAY <br> CHOOSE 1 FRUIT \& 1 OR 2 VEGGIES Corn, Grape Tomatoes Applesauce, Fresh Strawberries Milk | CHOOSE 1 ENTREE <br> Chicken Fajita w/ Rice OR <br> Hamburger on WG Roll OR PB \& J or Paw Pack <br> CHOOSE 1 FRUIT $\underline{\underline{c}} 1 \underline{\text { OR } 2} 2$ VEGGIES Celery Sticks, Cooked Carrots Peaches, Fresh Pears Milk | NO SCHOOL |
| 19 | 20 Breakfast Wrap | $\begin{gathered} 21 \\ \text { Funnel Cake } \end{gathered}$ | 22 Breakfast Sandwich | $\begin{gathered} 23 \\ \text { French Toast } \end{gathered}$ |
| NO SCHOOL | CHOOSE 1 ENTREE <br> Toasted Cheese Sandwich \& Soup OR <br> Chicken OR <br> PB \& J or Paw Pack | CHOOSE 1 ENTREE <br> Chef Salad w/ Meat \& WG Roll <br> OR <br> Chicken <br> OR <br> PB \& J or Paw Pack | CHOOSE 1 ENTREE <br> Meat \& Cheese Wrap OR <br> Chicken OR <br> PB \& J or Paw Pack | CHOOSE 1 ENTREE <br> Mac \& Cheese OR <br> Chicken OR PB \& J or Paw Pack |


|  | CHOOSE 1 FRUIT \& 1 OR 2 VEGGIES <br> Cucumbers, Peas Fresh Strawberry, Peaches Milk | CHOOSE 1 FRUIT \& 1 OR 2 VEGGIES <br> Green Peppers, Corn Pears, Apples Milk | CHOOSE 1 FRUIT \& 1 OR 2 VEGGIES <br> French Fries, Baby Carrots Clementine, Pineapple Milk | CHOOSE 1 FRUIT \& 1 OR 2 VEGGIES <br> Broccoli, Fresh Cauliflower Mixed Fruit, Applesauce Milk |
| :---: | :---: | :---: | :---: | :---: |
| 26 Breakfast Pizza | 27 Breakfast on a Stick | $28$ <br> Pancakes | 29 Croaking Good Breakfast Sandwich | 1 French Toast |
| CHOOSE 1 ENTREE <br> Chicken Wing Dip w/ Chips OR <br> Hot Dog on WG Roll OR PB \& J or Paw Pack <br> CHOOSE 1 FRUIT \& 1 OR 2 VEGGIES <br> Corn, Celery Mandarin Oranges, Grapes Milk | CHOOSE 1 ENTREE <br> Cheese \& Pepperoni Calzone OR <br> Hot Dog on WG Roll OR <br> PB \& J or Paw Pack <br> CHOOSE 1 FRUIT \& 1 OR 2 VEGGIES <br> Cooked Carrots, Baked Beans Baked Apple, Mixed Fruit Milk | CHOOSE 1 ENTREE <br> Sloppy Joe on WG Roll OR <br> Hot Dog on WG Roll OR PB \& J or Paw Pack <br> CHOOSE 1 FRUIT \& 1 OR 2 VEGGIES <br> Peas, Cucumbers Pineapple Cup, Strawberries Milk | CHOOSE 1 ENTREE <br> Frog Legs (Chicken drumsticks) OR <br> Frog Dog on WG Roll (Hot Dog) OR <br> PB \& J or Paw Pack | CHOOSE 1 ENTREE <br> Fish w/ WG Roll OR <br> Hot Dog on WG Roll OR <br> PB \& J or Paw Pack <br> CHOOSE 1 FRUIT \& 1 OR 2 VEGGIES <br> Baby Carrots, Broccoli Peaches, Fresh Oranges Milk |
| Breakfast: Student FREE Adult \$2.75 |  | This institution is an equal opportunity provider. |  | MENUS SUBJECT TO CHANGE |

