

Links to informational first aid videos:

First aid for choking:

<https://www.youtube.com/watch?v=XOTbjDGZ7wg>

Hands only CPR

<https://www.youtube.com/watch?v=XpEvQuOWME0>

Use of AED

<https://www.youtube.com/watch?v=1lwRQTGzKcw>

“How to use epipen in 90 seconds”

<https://www.youtube.com/watch?v=K7QyCMNDHAs>

“How to use epipen on someone else”

<https://www.youtube.com/watch?v=uBvdO9a9NTQ>

“Imagine – Kids and Parents talk about living with food allergies”

<https://www.youtube.com/watch?v=V3ATVwhSQEk>

If you would like to be certified in Basic Life Support (CPR) or in the recognition of anaphylaxis and administration of injectable epinephrine, contact MK Templin at mtemplin@ottoeldred.org