

Health Office News

Each year, Apple Crunch Day is celebrated at schools across Pennsylvania. Otto-Eldred Elementary will once again celebrate with students "crunching an apple" all together during homeroom!

Did you know that Pennsylvania grows approximately 11 billion bushels of apples each year? Add apples to your diet by stirring them into hot or cold cereal, put into salads, or even try adding thin slices to your favorite sandwich!