

OCTOBER 2023

OTTO-ELDRED HIGH SCHOOL MENU

A COMPLETE BREAKFAST INCLUDES PROTEIN/GRAIN ENTRÉE, 1 SERVING OF FRUIT & ONE-HALF PINT MILK; STUDENTS MAY SELECT LESS FOOD, BUT MUST CHOOSE AT LEAST 1/2 CUP OF FRUIT OR VEGETABLE WITH BREAKFAST EVERYDAY.

A COMPLETE LUNCH INCLUDES: PROTEIN/GRAIN ENTRÉE, FRUIT, VEGETABLE & ONE-HALF PINT MILK
STUDENTS MAY SELECT LESS FOOD, BUT MUST CHOOSE AT LEAST 1/2 CUP OF FRUIT OR VEGETABLE WITH LUNCH EVERYDAY.

Breakfast : Choice of Entrée or Breakfast Bar (Poptart, Cereal Bar, Cereal assortment), Fruit, Juice and Milk

Lunch: Choice from Entrees, Grain, Vegetable, Fruit and Milk daily

GRAB & GO LINE Choices will vary daily. Possible choices: Assorted Salads, Yogurt Parfait, Paw Pack, Protein Pack, PBJ etc.

Milk Choices: Fat Free White, 1% Chocolate, 1% White Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Muffins MAIN LINE Pizza	3 Pancakes MAIN LINE Chicken Potpie	4 French Toast MAIN LINE Chicken Wing Dip w/ Chips	5 Breakfast Boat MAIN LINE Lasagna w/ Garlic Breadstick	6 Breakfast Pizza MAIN LINE Fish Sticks Sandwich
CHOOSE 1 FRUIT & 1 OR 2 VEGGIES Peas, Veggie Juice Peaches, Applesauce OR GRAB & GO LINE	CHOOSE 1 FRUIT & 1 OR 2 VEGGIES Baby Carrots, Mashed Potatoes Baked Apples, Pear OR GRAB & GO LINE	CHOOSE 1 FRUIT & 1 OR 2 VEGGIES Corn, Celery Grapes, Pineapple OR GRAB & GO LINE	CHOOSE 1 FRUIT & 1 OR 2 VEGGIES Cucumbers, Lima Beans Mandarin Oranges, Banana OR GRAB & GO LINE	CHOOSE 1 FRUIT & 1 OR 2 VEGGIES Smiley Fries, Green Beans Juice, Apples OR GRAB & GO LINE
MILK 9	MILK 10 Breakfast Wrap MAIN LINE Cheeseburger on WG Roll	MILK 11 French Toast MAIN LINE Meatball Sub	MILK 12 Breakfast on a Stick MAIN LINE BBQ Pork Totchos	MILK 13 Breakfast Sandwich MAIN LINE Oriental Chicken w/ Rice & WG Roll
NO SCHOOL Columbus Day	CHOOSE 1 FRUIT & 1 OR 2 VEGGIES Corn, Baby Carrots Juice, Pears OR GRAB & GO LINE	CHOOSE 1 FRUIT & 1 OR 2 VEGGIES Peas, Romaine Salad Pineapple, Grapes OR GRAB & GO LINE	CHOOSE 1 FRUIT & 1 OR 2 VEGGIES Tator Tots, Cucumbers Mixed Fruit, Bananas OR GRAB & GO LINE	CHOOSE 1 FRUIT & 1 OR 2 VEGGIES Stir Fry Vegetables, Green Peppers Apple, Mandarin Oranges OR GRAB & GO LINE
MILK 16 French Toast MAIN LINE Breakfast for Lunch	MILK 17 Breakfast Pizza MAIN LINE Pizza	MILK 18 Pancakes MAIN LINE Buffalo Chicken on Flatbread	MILK 19 Breakfast Boat MAIN LINE Chicken & Biscuits	MILK 20 Breakfast Wrap MAIN LINE Walking Taco
CHOOSE 1 FRUIT & 1 OR 2 VEGGIES Hash Brown, Baby Carrots Applesauce, Fresh Oranges OR GRAB & GO LINE	CHOOSE 1 FRUIT & 1 OR 2 VEGGIES Baked Beans, Corn Mixed Fruit, Peaches OR GRAB & GO LINE	CHOOSE 1 FRUIT & 1 OR 2 VEGGIES Green Peppers, Peas Mandarin Oranges, Grapes OR GRAB & GO LINE	CHOOSE 1 FRUIT & 1 OR 2 VEGGIES Mashed Potatoes w/ Gravy, Cucumbers Pineapple, Pears OR GRAB & GO LINE	CHOOSE 1 FRUIT & 1 OR 2 VEGGIES Refried beans, Veggie juice Apples, Mixed Fruit OR GRAB & GO LINE
MILK 23 Funnel Cake MAIN LINE Lasagna w/ Garlic Breadsticks	MILK 24 Breakfast on a Stick MAIN LINE Turkey & Cheese Croissant	MILK 25 Breakfast Pizza MAIN LINE Cheeseburger on WG Roll	MILK 26 Waffles MAIN LINE Chicken w/ WG Roll	MILK 27 Breakfast Sandwich MAIN LINE Pizza
CHOOSE 1 FRUIT & 1 OR 2 VEGGIES Baby Carrots, Green Beans Peaches, Mandarin Oranges OR GRAB & GO LINE	CHOOSE 1 FRUIT & 1 OR 2 VEGGIES French Fries, Cooked Carrots Juice, Orange Slices OR GRAB & GO LINE	CHOOSE 1 FRUIT & 1 OR 2 VEGGIES Broccoli, Baked Beans Applesauce, Grapes OR GRAB & GO LINE	CHOOSE 1 FRUIT & 1 OR 2 VEGGIES Peas, Green Peppers Mixed Fruit, Banana OR GRAB & GO LINE	CHOOSE 1 FRUIT & 1 OR 2 VEGGIES Romaine Salad, Corn Pineapple, Pears OR GRAB & GO LINE
MILK 30 Muffins MAIN LINE Breaded Cheese Sticks	MILK 31 Pancakes MAIN LINE Chicken Wing Dip w/ Chips			
CHOOSE 1 FRUIT & 1 OR 2 VEGGIES Peas, Veggie Juice Peaches, Applesauce OR GRAB & GO LINE	CHOOSE 1 FRUIT & 1 OR 2 VEGGIES Corn, Celery Baked Apples, Pears OR GRAB & GO LINE			
MILK	MILK			

This institution is an equal opportunity provider.

Breakfast: Student FREE Adult \$2.75
Lunch: Student FREE Adult \$4.75

MENUS SUBJECT TO CHANGE