

OCTOBER 2024

OTTO-ELDRED HIGH SCHOOL MENU

A COMPLETE BREAKFAST INCLUDES PROTEIN/GRAIN ENTRÉE, 1 SERVING OF FRUIT & ONE-HALF PINT MILK; STUDENTS MAY SELECT LESS FOOD, BUT MUST CHOOSE AT LEAST 1/2 CUP OF FRUIT OR VEGETABLE WITH BREAKFAST EVERYDAY.

A COMPLETE LUNCH INCLUDES: PROTEIN/GRAIN ENTRÉE, FRUIT, VEGETABLE & ONE-HALF PINT MILK
STUDENTS MAY SELECT LESS FOOD, BUT MUST CHOOSE AT LEAST 1/2 CUP OF FRUIT OR VEGETABLE WITH LUNCH EVERYDAY.

Breakfast : Choice of Entrée or Breakfast Bar (Poptart, Cereal Bar, Cereal assortment), Fruit, Juice and Milk

Lunch: Choice from Entrees, Grain, Vegetable, Fruit and Milk daily

Grab & Go or PBJ Choices will vary daily. Possible choices: Assorted Salads, Yogurt Parfait, Wraps, Paw Pack, Protein Pack, PBJ etc.

Milk Choices: Fat Free White, 1% Chocolate, 1% White Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 French Toast	1 Pancakes	2 Breakfast Pizza	3 Breakfast Wrap	4 Breakfast on a Stick
MAIN LINE - CHOOSE ONE Toasted Cheese Sand & Tomato Soup Hot Dog on WG Roll CHOOSE 1 FRUIT & 1 OR 2 VEGGIES Corn, Baby Carrots Applesauce, Peaches OR Grab & Go or PBJ	MAIN LINE - CHOOSE ONE Chicken Patty Sandwich Hot Dog on WG Roll CHOOSE 1 FRUIT & 1 OR 2 VEGGIES French Fries, Green Peppers Mixed Fruit, Fresh Oranges OR Grab & Go or PBJ	MAIN LINE - CHOOSE ONE Ham & Cheese Croissant Hot Dog on WG Roll CHOOSE 1 FRUIT & 1 OR 2 VEGGIES Baked Beans, Baby Carrots Pears, Banana OR Grab & Go or PBJ	MAIN LINE - CHOOSE ONE Cheese Filled Breadsticks Hot Dog on WG Roll CHOOSE 1 FRUIT & 1 OR 2 VEGGIES Peas, Celery Sticks Strawberry Cups, Grapes OR Grab & Go or PBJ	MAIN LINE - CHOOSE ONE Meatball Sub Hot Dog on WG Roll CHOOSE 1 FRUIT & 1 OR 2 VEGGIES Cucumbers, Steamed Carrots Pineapple, Apple OR Grab & Go or PBJ
MILK	MILK	MILK	MILK	MILK
7 Waffles	8 Omelet & Toast	9 French Toast	10 Breakfast on a Stick	11 Breakfast Sandwich
MAIN LINE - CHOOSE ONE Chili w/ Cornbread Hamburger on WG Roll CHOOSE 1 FRUIT & 1 OR 2 VEGGIES Green Beans, Green Peppers Peaches, Fresh Oranges OR Grab & Go or PBJ	MAIN LINE - CHOOSE ONE Chicken Wing Dip w/ Chips Hamburger on WG Roll CHOOSE 1 FRUIT & 1 OR 2 VEGGIES Corn, Baby Carrots Pears, Apples OR Grab & Go or PBJ	MAIN LINE - CHOOSE ONE Mac & Cheese w/ WG Roll Hamburger on WG Roll CHOOSE 1 FRUIT & 1 OR 2 VEGGIES Peas, Romaine Salad Juice, Grapes OR Grab & Go or PBJ	MAIN LINE - CHOOSE ONE Fiestada Hamburger on WG Roll CHOOSE 1 FRUIT & 1 OR 2 VEGGIES Tator Tots, Cucumbers Mixed Fruit, Bananas OR Grab & Go or PBJ	MAIN LINE - CHOOSE ONE Oriental Chicken w/ Rice & WG Roll Hamburger on WG Roll CHOOSE 1 FRUIT & 1 OR 2 VEGGIES Stir Fry Vegetables, Baby Carrots Apple, Mandarin Oranges OR Grab & Go or PBJ
MILK	MILK	MILK	MILK	MILK
14	15 Breakfast Pizza	16 Breakfast Boat	17 Pancakes	18 Breakfast Sandwich
NO SCHOOL	MAIN LINE - CHOOSE ONE Breakfast For Lunch Chicken w/ WG Roll CHOOSE 1 FRUIT & 1 OR 2 VEGGIES Hash Brown, Baby Carrots Applesauce, Fresh Strawberries OR Grab & Go or PBJ	MAIN LINE - CHOOSE ONE Steak & Cheese Sub Chicken w/ WG Roll CHOOSE 1 FRUIT & 1 OR 2 VEGGIES Green Peppers, Broccoli Pears, Fresh Oranges OR Grab & Go or PBJ	MAIN LINE - CHOOSE ONE Salisbury Steak w/ WG Roll Chicken w/ WG Roll CHOOSE 1 FRUIT & 1 OR 2 VEGGIES Mashed Potatoes w/ Gravy, Cucumbers Pineapple, Apples OR Grab & Go or PBJ	MAIN LINE - CHOOSE ONE Walking Taco Chicken w/ WG Roll CHOOSE 1 FRUIT & 1 OR 2 VEGGIES Refried beans, Celery Sticks Clementines, Mixed Fruit OR Grab & Go or PBJ
	MILK	MILK	MILK	MILK
21 Funnel Cake	22 Breakfast on a Stick	23 Breakfast Pizza	24 Omelet & Toast	25 Breakfast Sandwich
MAIN LINE - CHOOSE ONE Buffalo Chicken on Flatbread Pizza CHOOSE 1 FRUIT & 1 OR 2 VEGGIES Baby Carrots, Green Beans Peaches, Mandarin Oranges OR Grab & Go or PBJ	MAIN LINE - CHOOSE ONE BBQ Pork on WG Roll Pizza CHOOSE 1 FRUIT & 1 OR 2 VEGGIES French Fries, Baked Beans Pears, Orange Slices OR Grab & Go or PBJ	MAIN LINE - CHOOSE ONE Goulash W/ Garlic Breadstick Pizza Fresh Broccoli/Cauliflower, Cooked Carrots Applesauce, Grapes OR Grab & Go or PBJ	MAIN LINE - CHOOSE ONE Chicken & Biscuit Pizza CHOOSE 1 FRUIT & 1 OR 2 VEGGIES Peas, Cucumbers Mixed Fruit, Banana OR Grab & Go or PBJ	MAIN LINE - CHOOSE ONE Chicken Fajita Pizza CHOOSE 1 FRUIT & 1 OR 2 VEGGIES Romaine Salad, Corn Pineapple, Fresh Pears OR Grab & Go or PBJ
MILK	MILK	MILK	MILK	MILK
28 French Toast	29 Pancakes	30 Breakfast Pizza	31 Waffles	1 Breakfast on a Stick
MAIN LINE - CHOOSE ONE Sloppy Joe on WG Roll Hot Dog on WG Roll CHOOSE 1 FRUIT & 1 OR 2 VEGGIES Corn, Pepper Slices Applesauce, Peaches OR Grab & Go or PBJ	MAIN LINE - CHOOSE ONE Chicken Patty Sandwich Hot Dog on WG Roll CHOOSE 1 FRUIT & 1 OR 2 VEGGIES French Fries, Green Peppers Mixed Fruit, Clementines OR Grab & Go or PBJ	MAIN LINE - CHOOSE ONE Ham & Cheese Croissant Hot Dog on WG Roll CHOOSE 1 FRUIT & 1 OR 2 VEGGIES Baked Beans, Baby Carrots Pears, Banana OR Grab & Go or PBJ	MAIN LINE - CHOOSE ONE Fish Stick w/ WG Roll Hot Dog on WG Roll CHOOSE 1 FRUIT & 1 OR 2 VEGGIES Broccoli, Celery Sticks Mandarin Oranges, Grapes OR Grab & Go or PBJ	MAIN LINE - CHOOSE ONE Cheese Filled Breadsticks Hot Dog on WG Roll CHOOSE 1 FRUIT & 1 OR 2 VEGGIES Cucumbers, Steamed Carrots Pineapple, Apple OR Grab & Go or PBJ
MILK	MILK			

Breakfast: Student FREE Adult \$3.00
Lunch: Student FREE Adult \$5.00

equal opportunity provider.

MENUS SUBJECT TO CHANGE