Otto-Eldred Elementary

School Wellness Annual Review

Please answer each question in your area by scoring 0, 1 or 2 and answer the questions under a, b, c in the comment section.

KEY - DWC = District Wellness Committee, FS = Food Service, P = Principal, PET = Physical Education Teacher

	1. Is there a plan of implementains of a production	Ratii		Sc
OWC	1. Is there a plan of implementaion of a District Wellness Policy	0	The District does not have a wellness policy	7
,,,,		1	The District is working on a wellness policy.	0
	2 Is the District Mail	2	The District has a wellness policy in place.	
WC	2. Is the District Wellness policy evaluated yearly?	0	The District wellness policy is not evaluated yearly	-
VVC	If yes:	1	Some outcomes are not evaluated yearly	1 1
	a) What specific outcomes are evaluated?	2	The Wellness Policy is evaluated and	1
	b) How are the outcomes measured ?		outcomes measured yearly.	
	Comments:			1.
	2 1/11 - 2		* New tool started 2019-18 School	4 ye
MC	3. Is the District Wellness Policy progress report written yearly?	0	A progress report is not done annually.	-
WC	If yes:	1	A progress report is done but not distributed.	1
	a) Is it distributed to all schools within the District	2	A progress report is done and distributed to all	1
	b) Is it made publicly available?		schools and made available to the public.	
	Comments:		The same made available to the public.	
	A lethe District Will			
NC	4. Is the District Wellness Policy revised yearly?	0	The District Wellness Policy has never been revised.	-
VC		1	The District Wellness Policy is revised some years.	1
	5 D	2	The District Wellness Policy is revised yearly.	-
NC	5. Does a wellness committee exist at your school?	0	A District Wellness Committee does not exist	-
NC	If yes:	1	A District Wellness Committee is formed but they do not	
	a) How often do they meet? 1-2×1 1/200		meet regularly or participate in policy development	12
	b) Who is on the committee? Hurse, PE teachers,	2	A District MA-II	
	Comments: FS director, Adm. teacher		works on ongoing development.	
-	Comments: FS director, Adm. teacher parent, School Boardmen	per	and an engoing development.	
	o. Boes your school funch program meet the NSLP guidlelines?	0	The District does not follow the NSLP Guidlines.	-
1	Daily serves whole grain items, fresh fruit and vegetables and	1	The District follows some of the NSLP guidlines	1
	only fat free or low-fat milk.	2	The District follows all of the NSLP guidlines.	0
	7. Does the District participate in the National School Breakfast	0	No, the school district does not participate in the	-
- 1	Program?		Breakfast Program	12
- 1	If yes:	1	Some schools participate in the Breakfast Program	(\)
-	How is it promoted? Posters, menus, website?	2	All schools participate in the Breakfast Program	
	8. Do the a la carte servings meet the Smart Snack requirements?	0	No, they do not meet the Smart Snack requirements	
S		1	Some of the a la carte meets the Smart Snack requirements	_
		2	All of the a la carte moots the Smart Snack requirements	2
1	9. Do all vending machines in the cafeteria meet the	0	All of the a la carte meets the Smart Snack requirements	
5	Smart Snack requirements?	1	No, they do not meet the Smart Snack requirements	2
		2	Some of the items meet the Smart Snack requirements	a
	10. Do all school vending machines, stores and concession	0	All of the items meet the Smart Snack requirements	
5	stands offer items that meet the Smart Snack requirements?	1	No, they do not meet the Smart Snack requirements	
			Some of the items meet the Smart Snack requirements	α
1:	11. Do students participate in food tests to educate them on	0	All of the items meet the Smart Snack requirements	
1	nealthy eating?		No, students aren't offered food testing	1
	1	1	The students are occaionally offered food testing	-
1	2. Is there marketing to promote healthy eating?	2	Students are offered food testing frequently.	
5 1	fyes:	0	There is no marketing for healthy eating	1
	How is it done? Posters, Menus, Webpage	1	There is some marketing for healthy eating	d
I	What types of food are promoted? Fruits, vegetables, beverages?	2	Marketing is done to promote healthy eating.	
1.	Comments:			

	13. Is marketing restricted on unhealthy choices?	1 0		
FS	If yes:	0	and the stricted of difficulty lood is not restricted	0
	How is it done?	1	and the stricted	d
	Is it restricted both during and out side of school times?	1 2	on some grades.	
	14. Is relevant and ongoing training offered to the Food Service	0	and the state of t	
FS	Director and workers for menu planning and requirements?	1	The maning is officied.	
		2	Bis differed but not attended.	Ø.
	15. Does the cafeteria have adequate seating?	0	B to offered and attended.	
FS	Are students supervised during their eating period?	"	The talk adequate seating, supervision or a pleasant	1000
	Is the cafeteria a pleasant eating environment?	1	environment in the cafeteria.	
		1	and the state of those but not all for seating.	\alpha
		2	supervision and environment.	
		2	and and an additional seating, supervision and	
	16. Is water made available to students during breakfast	0	a pleasant eating environment.	
FS	and lunch?	3	No water is made available to students	1
	If yes:	1	Some of the students have water available	2
	How is it made available?	2	There is water available for all students and they are	
	Are students allowed to carry water bottles?		permitted to carry water bottles.	
	Comments:	1	1 .	
				1
	17. Are there vending macines in the school or on	+-		
P	campus that the students have access to?	0	Vending Machines are on the campus and carry	
4	If yes: Who operates them? Receives money?	.	unhealthy food and/or beverages.	V
	Are there restrictions on types of foods and beverages?	1	Vending Machines are on the campus and carry	X
	Do students have access before, during or after school?		both healthy and unhealthy foods.	
	Comments:	2	Vending Machines are on the campus and carry	
			Smart Snack approved foods.	
	18. Does the school partcipate in any fundraisers	X	There are NO vending machines for students.	
P	that involve selling food and/or beverages?	0	The school permits all food and beverage sales.	
T	Who is in charge of approving fundraisers?	1	The school permits some food and beverage fundraisers.	í
	Do the fundraisers occur during mealtime?	2	The school does not permit any food or beverages	
	Comments:		fundraisers with the exception of fruits and vegetables.	
	of scanner		2000-00-00-00-00-00-00-00-00-00-00-00-00	
7	19. Does staff use food and/or beverages as a reward for	-		
~	academic performance or good behavior?	0	The school allows food and/or beverages as a reward for	
10	personnance or good behavior !	1 .	academic performance or good behavior	1.3
		2	The school does not allow food and/or beverage as a	2
	20. Is there a formal written PE curriculum for	-	reward for academic peformance or good behavior.	
P	every grade?	0	There is no written PE curriculum at the school.	
	7.0	1	There is a written PE curriculum for some of the grades.	2
	21. How many minutes of PE do students receive?	2	There is a written PE curriculum for all of the grades.	
P/PET	Elementary 1400 / 1000	0	Students do not receive the recommended minutes of PE	
	Middle School 5+6-14901, 200	1 598	in a week.	0
	High School	1	Some grades receive the recommended minutes of PE	
	N/A	2,500	in a week.	
	22. In PF what is the student teacher and fine	2	All grades receive the recommended minutes of PE in a week.	
/PET	22. In PE, what is the student-teacher ratio for each grade? Is the student-teacher ratio for PE different than other classes	0	The student-teacher ratio in PE is not the same as other	
	in corresponding grades?		classes.	
	Comments:	2	The student-teacher ratio in PE is the same as other classes.	2
		_		
	23. Do the play areas and facility			
		0	The play areas and facilities equipment do not meet	1
/рст	23. Do the play areas and facilities equipment meet	"	I TO THE COUNTY OF THE COUNTY	1
/PET	NASPE standards?		NASPE standards.	7
/PET	NASPE standards?	2	NASPE standards.	2
/PET	NASPE standards?		NASPE standards. The play areas and facilities equipment do meet NASPE standards.	2
P/PET	NASPE standards? 24. Are waivers for PE allowed?	2	NASPE standards. The play areas and facilities equipment do meet NASPE standards.	2
P/PET	NASPE standards?	2	NASPE standards. The play areas and facilities equipment do meet NASPE	2

P	25. Are regular physical activity breaks provided for every grade in the Elementary?	0	Regular activity periods do not occur for every grade in	
Ø.	If yes, how? Recess? during class?		the Elementary school.	2
1	yes, news, necess, during class:	1	Some grades receive activity periods.	0
-	26. Is there structured physical activity outside of recess	2	All grades receive activity periods.	gare
D.	and PE offered?	0	Structured activities outside of recess are not offered.	
	If yes how? Sports? Clubs?	1	Structured activities outside of recess are available to	
	When? Before school? After school? Weekends?		some grade levels	12
	Comments:	2	Structured activities outside of recess are available to	
	comments.		all grade levels.	PE
	27. Is physical activity ever used as a punishment?	0	Physical activity is used as a punishment	1 6
P	ie) making a student run laps, do push-ups?	1	Physical activity is used as a punishment	0
	Is physical activity ever with held as a punishmenta salaway		Physical activity is sometimes used as a punishment.	2
	ie) taking away recess or ending PE early?	Sily	ie) students are denied recess but not made to run laps.	
	28. Is recess offered daily for every grade in the elementary		Physical activity is never used as a form of punishment.	
P	school?	0	Daily recess does not occur for every grade.	0
7	How long does it last? 20	1	Daily recess occurs for some of the grades.	2
	Is recess structured?	2	Daily recess occurs for all of the grades.	
	29. Does your school promote safe walking and biking to school?	0	The school days and	
P	If yes:	"	The school does not promote walking or riding a bike to school.	
9	Are there promotional activities for walking to school?	1		1
	Is there storage facilities for bikes & helmets?	1	The school permits walking and riding a bike but does	
	Comments:	2	nothing to promote it.	
		2	The school participates in walking and biking promotions.	
	30. Does the district offer nutrition education that teaches	0	Nutrition education does not teach skills that are	
	skills that are focused, interactive or participatory?		behavior focused interesting and skills that are	
	If yes how? Nutrition handouts, nurse demonstations.	1	behavior focused, interactive or participatory.	A
	student lessons and activities?	-	Nutrition education is sometimes taught but there is	¥
	Comments:	2	no application of materials being used.	
		2	Nutrition education uniformaly teaches skills that are	
	31. Are teachers encouraged to be role models exhibiting	0	behavior focused, interactive and/or participatory.	
	healthy behaviors?	0	Nutrition education does not teach skills that are	
	Are staff encouraged to eat school meals? How?		behavior focused, interactive or participatory.	21
	Are staff encouraged to drink water? How?	1	Principal sporadiacally encourages teachers to be role	201
1	Are teachers allowed to drink soda in front of students?		models in healthy behaviors.	
	Comments:	2	The principal continually encourages the teachers to be	
	Somments.		role models by eating with the kids and interacting.	
-	32 Is there a putrition of a significant of the sig			
	32. Is there a nutrition education curriculum? If yes: For every grade?	0	Nutrition curriculm does not exist for any grade.	
	Is the curriculum its	1	Nutrition curriculum is only taught in specific grades	0
	Is the curriculum its own class or interwoven with other classes?	2	Nutrtion curriculum is taught in every grade	2
1	How many hours (or units) of nutrition education do students		& But nothy	-
	receive in each grade?		ins it in	
- 1	<u> </u>			
- 1	Comments:	in	in ha	
- 1	Comments:	nul	Loss it not by	

Please sign and date when you complete your portion of the annual Wellness Policy review.

Wellness Committee Representative May Lay Impli	5/3//8
Food Service Director	5-2-18
Elementary Principal Melsey Burns	Date 5/14/18
High School Principal	Date

Physical Education and/or Health Teacher(s)

5/3/18

Date

312

Otto-Eldred Jr. Sr. High School

School Wellness Annual Review

Please answer each question in your area by scoring 0, 1 or 2 and answer the questions under a, b, c in the comment section.

KEY - DWC = District Wellness Committee, FS = Food Service, P = Principal, PET = Physical Education Teacher

	1 is there a plan of implemental in a	Rati		Score
DWC	1. Is there a plan of implementaion of a District Wellness Policy	0	The District does not have a wellness policy	30016
0000		1	The District is working on a wellness policy.	12
	2 Is the District Well-	2	The District has a wellness policy in place.	-
DWC	Is the District Wellness policy evaluated yearly? If yes:	0	The District wellness policy is not evaluated yearly	-
DVVC		1	Some outcomes are not evaluated yearly	1
	a) What specific outcomes are evaluated?	2	The Wellness Policy is evaluated and	-
	b) How are the outcomes measured ?		outcomes measured yearly.	
	Comments:		(a) 1 1 2 1 2 1 2012 18 5 5 5	had
	2.1.41.21		New tool initiated 2017-18 See	000
DWC	3. Is the District Wellness Policy progress report written yearly? If yes:	0	A progress report is not done annually.	en
DVVC		1	A progress report is done but not distributed.	,
	a) Is it distributed to all schools within the District	2	A progress report is done and distributed to all	1
	b) is it made publicly available?		schools and made available to the public.	,
	Comments:		and made available to the public.	
	Is the District Wellness Policy revised yearly?			
DWC	and and the welliness Folicy revised yearly?	0	The District Wellness Policy has never been revised.	1
		1	The District Wellness Policy is revised some years.	1.
	5. Does a wellness committee exist at your school?	2	The District Wellness Policy is revised yearly.	Control of the last
DWC	If you	0	A District Wellness Committee does not exist	
	a) How often do they most 2 1-2 X / Ven	1	A District Wellness Committee is formed but they do not	2
	b) Who is on the committee? A lease of the state of		meet regularly or participate in policy development	0
1	Comments: ES Dise Frachers,	2	A District Wellness Committee meets regulary and	
	a) How often do they meet? 1-2x/yew b) Who is on the committee? Nurse, PE teachers, Comments: FS Director, Adminstrator, parent school board member teach		works on ongoing development.	
	6 Does your school lunch assessment Teach	w		
	of social school function program meet the NSLP guidlelines?	0	The District does not follow the NSLP Guidlines.	~
	Daily serves whole grain items, fresh fruit and vegetables and	1	The District follows some of the NSLP guidlines	~
-	only fat free or low-fat milk.	2	The District follows all of the NSLP guidlines.	
	7. Does the District participate in the National School Breakfast	0	No, the school district does not participate in the	
- 1	Program?		Breakfast Program	2
- 1	If yes:	1	Some schools participate in the Breakfast Program	
	How is it promoted? Posters, menus, website?	2	All schools participate in the Breakfast Program	
FC	8. Do the a la carte servings meet the Smart Snack requirements?	0	No, they do not meet the Smart Snack requirements	
FS		1	Some of the a la carte meets the Smart Snack requirements	0
	0 B II II	2	All of the a la carte meets the Smart Snack requirements	2
FC	9. Do all vending machines in the cafeteria meet the	0	No, they do not meet the Smart Snack requirements	
FS	Smart Snack requirements?	1	Some of the items meet the Smart Snack requirements	2
_		2	All of the items meet the Smart Snack requirements	
	10. Do all school vending machines, stores and concession	0	No, they do not meet the Smart Snack requirements	
FS :	stands offer items that meet the Smart Snack requirements?	1	Some of the items meet the Smart Snack requirements	0
		2	All of the items meet the Smart Snack requirements	
-	11. Do students participate in food tests to educate them on	0	No, students aren't offered food testing	
FS I	healthy eating?	1	The students are occasionally offered food testing	1
		2	Students are occasionally offered food testing Students are offered food testing frequently.	1
. :	12. Is there marketing to promote healthy eating?	0	There is no marketing for healthy eating	
FS 1	f yes:	1	There is some marketing for healthy eating	
1	How is it done? Posters, Menus, Webpage	2	Marketing is done to promote by the	0
1	What types of food are promoted? Fruits, vegetables, beverages?	2	Marketing is done to promote healthy eating.	
Obs.	Comments:			



FS	13. Is marketing restricted on unhealthy choices?	0	Marketing /promotion of unhealthy food is not restricted.	
F3	1,	1	Marketing/promotion of unhealthy food is restricted.	1
	How is it done?		on some grades.	U
	Is it restricted both during and out side of school times?	2		
	14. Is relevant and ongoing training offered to the Food Service	0	No training is offered.	
EC	Director and workers for menu planning and requirements?	1		0
		2	Training is offered and the ded.	0
	15. Does the cafeteria have adequate seating?	0	and attended.	
FS	Are students supervised during their eating period?	0	The is not adequate seating, supervision or a pleasant	
	Is the cafeteria a pleasant eating environment?		environment in the cafeteria.	-
	Present carrilly changements	1	The sale certains one of more but not all for seating	
			supervision and environment.	
		2	The cafeteria has enough seating, supervision and	
	16 is water made and it is a	and the same of th	a pleasant eating environment.	
FS	16. Is water made available to students during breakfast	0	No water is made available to students	
F3	and lunch?	1	Some of the students have water available	12
	If yes:	2	There is water available for all attached	0
	How is it made available?	-	There is water available for all students and they are	
	Are students allowed to carry water bottles?		permitted to carry water bottles.	
	Comments:			
	17. Are there vending macines in the school or on	-	V P P	
P	campus that the students have access to?	0	Vending Machines are on the campus and carry	
	If yes: Who operates them? Receives money?		unhealthy food and/or beverages.	
	Are there restrictions on types of foods and beverages?	1	Vending Machines are on the campus and carry	0
	Do students have access before, during or after school?		both healthy and unhealthy foods.	
	Comments:	2	Vending Machines are on the campus and carry	
	Comments.	1	Smart Snack approved foods.	
	19 December 1 1	X	There are NO vending machines for students.	
D	18. Does the school partcipate in any fundraisers	0	The school permits all food and beverage sales.	
P	that involve selling food and/or beverages?	1	The school permits some food and beverage fundraisers.	1
	Who is in charge of approving fundraisers?	2	The school does not permit any food or beverages	/
	Do the fundraisers occur during mealtime?	-	fundraisors with the assessment any food or beverages	
	Comments:	1	fundraisers with the exception of fruits and vegetables.	
-	10.0			1
\smile	19. Does staff use food and/or beverages as a reward for	0	The school allows food and/or beverages as a reward for	-
Р	academic performance or good behavior?		academic performance or good behavior	
		2	The school does not all a few denaylor	2
			The school does not allow food and/or beverage as a	
	20. Is there a formal written PE curriculum for	1	reward for academic peformance or good behavior.	
P	every grade?	0	There is no written PE curriculum at the school.	diam
	\$20 Extra \$200.	1	There is a written PE curriculum for some of the grades.	2
	21. How many minutes of PE do students receive?	2	There is a written PE curriculum for all of the grades.	
/PET		0	Students do not receive the recommended minutes of PE	
	100 100		in a week.	A
	Middle School High School	1	Some grades receive the recommended minutes of PE	()
	TIIGH SCHOOL		in a week.	
-	22 1- 05 1 1 1 1	2	All grades receive the recommended minutes of PE in a week.	
/n==	22. In PE, what is the student-teacher ratio for each grade?	0	The student-teacher ratio in PE is not the same as other	-
PET!	Is the student-teacher ratio for PE different than other classes		classes.	-
	In corresponding grades? [t	2		10
	Comments	-	The student-teacher ratio in PE is the same as other classes.	
	Comments Depends on grade level			
3	23. Do the play areas and facilities equipment meet	0	The planeres and for the	
/PET	NASPE standards?	0	The play areas and facilities equipment do not meet	
PET		I	NASPE standards.	1
PET		2	The play areas and facilities equipment do meet NASPE	0
PET		- 1		E.
	24 Are waivers for DE alleves 12		standards.	
	24. Are waivers for PE allowed?	0	standards. Waiver for PE are allowed and students may substitute	
/PE	24. Are waivers for PE allowed? If yes, in what instances? Do other physical activities substitute for PE?	0	standards. Waiver for PE are allowed and students may substitute other activities for PE.	2

P	25. Are regular physical activity breaks provided for every grade in the Elementary?	0	Regular activity periods do not occur for every grade in the Elementary school.	T
	If yes, how? Recess? during class?	1		
_		2	All grades receive activity periods.	12
	26. Is there structured physical activity outside of recess	0	Structured activities outside of recess are not offered.	East
P	and PE offered?	1	Structured activities outside of recess are not offered.	1
	If yes how? Sports? Clubs?	1 -	Structured activities outside of recess are available to some grade levels	- 1
	When? Before school? After school? Weekends?	2		
	Comments:	2	Structured activities outside of recess are available to	
			all grade levels.	-
,	27. Is physical activity ever used as a punishment? ie) making a student run laps, do push-ups?	0	Physical activity is used as a punishment	-
	Is physical activity over with held	1	Physical activity is sometimes used as a punishment.	4
	Is physical activity ever with held as a punishment?		ie) students are denied recess but not made to run laps.	1
-	ie) taking away recess or ending PE early?	2	Physical activity is never used as a form of punishment.	
	28. Is recess offered daily for every grade in the elementary	0	Daily recess does not occur for every grade.	
)	school?	1	Daily recess occurs for some of the grades.	-
	How long does it last?	2	Daily recess occurs for all of the grades.	-
	Is recess structured?	_	butly recess occurs for all of the grades.	
	29. Does your school promote safe walking and biking to school?	0	The school does not promote	
	If yes:	1	The school does not promote walking or riding a bike to school.	
	Are there promotional activities for walking to school?	1		1
	Is there storage facilities for bikes & helmets?	1	The school permits walking and riding a bike but does	1
	Comments:		nothing to promote it.	
		2	The school participates in walking and biking promotions.	
	30. Does the district offer nutrition education that teaches	0	Nutrition education does not teach skills that are	
	skills that are focused, interactive or participatory?		behavior focused, interactive or participatory.	
	If yes how? Nutrition handouts, nurse demonstations,	1	Nutrition education is sometimes taught but there is	
	student lessons and activities?	1772	no application of materials being used.	1
	Comments:	2	Nutrition education uniformals being used.	
		_	Nutrition education uniformaly teaches skills that are	
	31. Are teachers encouraged to be role models exhibiting	0	behavior focused, interactive and/or participatory.	
	healthy behaviors?		Nutrition education does not teach skills that are	
	Are staff encouraged to eat school meals? How?	1	behavior focused, interactive or participatory.	1
	Are staff encouraged to drink water? How?	1	Principal sporadiacally encourages teachers to be role	1
	Are teachers allowed to drink soda in front of students?	2	models in healthy behaviors.	
	Comments:	2	The principal continually encourages the teachers to be	
			role models by eating with the kids and interacting.	
	32. Is there a nutrition education curriculum?			
	If yes: For every grade?	0	Nutrition curriculm does not exist for any grade.	
		1	Nutrition curriculum is only taught in specific grades	
	Is the curriculum its own class or interwoven with other classes?	2	Nutrtion curriculum is taught in every grade.	
	How many hours (or units) of nutrition education do students			-
	receive in each grade?			
	Comments:			
	Please sign and date when you complete your portion of the annual		Total Score	110

١	Wellness Co	mmittee	Represe	ntative	_
/	Mari	11/11	10	ma	1/.
1	11wg	11-01	10	A	
F	ood Service	e Director		VI	

Elementary Principal

High School Principal

5/3/18 5/3/18 Date

Date

Date

5/3/18

Physical Education and/or Health Teacher(s)